

BECOME A PADI FREEDIVE INSTRUCTOR at BB freedivers

Becoming a PADI Freedive Instructor lets you take your passion for freediving to the next level and allows you to do what you enjoy as a **profession**. You must earn the PADI Freediver Instructor rating, it takes training, courage and work. But it is worth all of it to gain a job that lets you share incredible underwater achievements with others, adding this experience to their lives for the better while enriching yours.

To become a PADI Freediver Instructor we offer following programs:

- 1.1/ For PADI Open Water Scuba Instructors (or higher rating) who are also experienced freedivers and have a PADI Advanced Freediver certification.
 They can take the freedive-ic or, if they are experienced in training freediving they may apply directly for the rating by submitting a PADI Freediver Instructor Application to their PADI Regional Headquarters. There is some proof of experience needed.
- 1.2/ Or for **freediver instructors from another organization** who want to join become a PADI Freediver Instructor, this is the same training as 1.1
- 2/ This program is for experienced freedivers who gain instructional skills by attending a PADI Freediver Instructor Training Course.

More info on:

www.padi.com/padi-courses/freediver-instructor

www.bbdivers.com

www.facebook.com/freedivingkohchang/



Freedive-itc 1: Padi OWSI to Padi FDI

other org. Instr. cross over to PADI FDI

basic program: 2 days - 15.000 Bht

program with extra prep: 5 days - 25.000 Bht

Prerequisites:

Padi OWSI or other organization freedive instructor

- 18 jaar of older
- Current EFRI or equivalent
- Medical certificate not older than one year.

Day 1 Confined water and academics

- Introduction and course orientation
- Confined water lesson 1 and 2
- Demonstrating the minimum scores static en dynamic
 - 2:30 minutes
 - 50 meters
 - ***Afternoon
- Exam
- Academic lessons 1-2
- Risk managent
- Teaching open water lessons

Day 2 Open Water and Counseling (min -20 m)

- Demonstrating the minimum scores for open water
 - 20 m
 - Rescue 15 m
 - 50 meter towing while rescue breathing
- Open Water lessons 1-2
- Counseling



Freedive-itc 2: Master Freediver to PADI FDI

Basic program: 4 days - 25.000 Bht

Program with extra prep.: 7 days - 35.000 Bht

Prerequisites:

Padi master freediver or equal

- 18 years or older
- current EFRI or equivalent
- medical certificate not older than one year.

For staff: Staffing ITC join the full training and on one extra day before the ITC ... all remarks in green are for ITC staff training only:

Evaluation training

Teaching ITC academics

Psychology of counseling

For candidates

Day 1 Academics and skills

- Course orientation
- Skills circuit (evaluation)
 - Demo warm up and stretching breathing methods
 - Demo buddy procedures
 - Demo dynamic and turn movements (with without fins)
 - Demo rescue LMC and Black out
- Learning and instruction
 - ***Afternoon
- Teaching academics
- Standards and procedures
- Teaching in confined water

Day 2 Confined water and academics

• Confined water lesson 1 and 2 (evaluation)



- Demonstrating the minimum scores static en dynamic
 - 2:30 minutes
 - 50 meters

***Afternoon

- Exam (evaluation and remediation)
- Academic lessons 1-2 (evaluation)
- Risk management
- Teaching open water lessons

Day 3 Open water (min -10 -15 m) + academics

- Skill circuit (evaluation)
 - Demo pre-dive explanation of the psychology of the warm-up dives
 - Demo duck dive
 - Demo constant weight
 - Demo free immersion
 - Demo without fins
 - Demo rescue
- Demo buddy pairing
 - ***Afternoon
- Free diving Psychology en Physiology
- Care for the environment
- Marketing the free diving course

Day 4 Open Water and Counseling (min -20 m)

- Demonstrating the minimum scores for open water (evaluation)
 - 20 m
 - Rescue 15 m
 - 50 meter towing while rescue breathing
- Open Water lessons 1-2 (evaluation)

Counseling (peer -counseling



*Required teaching materials:

- Padi freediver Touch
- Padi freediver Instructor Guide
- Padi freediver Cue cards
- Padi freediver Quick review

Recommended freedive materials

- Mask snorkel and fins for freediving
- Weightbelt and weights
- Wetsuit, rashguard,...
- Safety Lanyard
- Freediving computer

Pricing

Includes:

- Preparation assistance from Padi freedive instructor.
- Training academics, beach, pool and open water from boat or shore from freedive instructor and instructor trainer.
- Food and drinks during training session where applicable

Note:

Once you are a Padi freedive instructor, you can upgrade your Freedive instructor rating:

To become a Padi advanced freedive instructor you should...

- Have taught 25 certs for Padi freediver
- Be a master freediver or equivalent
- Be a Padi freedive instructor
- Be an EFR instructor or equivalent

To become a Padi *master freedive* instructor you should...

- Have taught 50 certs for Padi freediver, including min 10 advanced.
- Be a master freediver or equivalent.
- Be a Padi Advenced freedive instructor or equivalent.
- Be an EFR instructor or equivalent.